

# GQ-ASC

## TEEN GIRLS' QUESTIONNAIRE FOR AUTISM SPECTRUM CONDITIONS

Age 13 – 17 years old

NAME: \_\_\_\_\_

AGE: \_\_\_\_\_ Years    DOB: \_\_\_\_\_    DATE COMPLETED: \_\_\_\_\_

The following screening questionnaire is designed to identify behaviors and abilities in girls aged 13 years and older that could be associated with the characteristics of Autism Spectrum Conditions (ASC, frequently defined as ASD – Autism Spectrum Disorders). Below are a list of questions and statements. Please read each question and statement very carefully and rate how strongly you agree or disagree with it by circling your answer.

<b>SECTION A - Play</b> <b>When she was 5-12 years old</b>	<b>Definitely disagree</b>	<b>Slightly disagree</b>	<b>Slightly agree</b>	<b>Definitely agree</b>
1. Did she prefer to play with girls' toys?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
2. Did she prefer to play with boys' toys?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
3. Did she play with the family pets?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
4. Did she have imaginary friends or imaginary animals?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
5. Was her play as imaginative as other girls?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
6. Did she create her own complex 'set ups' with toys?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
7. Did she dominate when playing or talking with other girls?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
8. Did she role play the teacher or other adults in her solitary games?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree

SECTION B Friendships and social situations	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
9. Is she shy in social situations?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
10. Does she have many friends?	Definitely disagree	Slightly Disagree	Slightly agree	Definitely agree
11. Does she prefer to play with younger children?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
12. Does she prefer single, close friendships?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
13. Does she enjoy playing or talking with girls?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
14. Does she enjoy playing or talking with boys?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
15. Is she attracted to girls with strong personalities who tell her what to do?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
16. Does she avidly observe other girls playing or socializing?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
17. Does she copy or 'clone' herself on other girls?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
18. Does she adopt a different persona in different situations?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
19. Is she well behaved at school?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
20. Is she well behaved at home?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
21. Does she apologize when she makes a social error?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
22. Does she say she knows what to do in a social situation when she is actually confused?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
23. Does she have a facial 'mask' that hides her social confusion?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
24. Do some social situations make her mute?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree

25. Does she socialize quite well for a while but subsequently feels exhausted?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
26. Does her facial expression sometimes not match her mood or the situation?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
27. Does she understand the art of flirting and dating?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree

SECTION C Abilities and interests	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
28. Does she enjoy fantasy worlds?	Definitely Disagree	Slightly disagree	Slightly agree	Definitely agree
29. Is she interested in fiction?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
30. Is she talented in art?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
31. Is she talented in mathematics?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
32. Is she talented in music?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
33. Does she like to express herself in writing ( journaling in pen or pencil, or in emails, or writes fiction)?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
34. Is she talented in languages?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
35. Is she interested in looking feminine?	Definitely Disagree	Slightly disagree	Slightly agree	Definitely agree
36. Is she interested in fashion?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
37. Does she stand out as different from her peers in terms of clothing?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
38. Are her interests advanced for her age (e.g. opera)?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
39. Are her interests immature for her age?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
40. Is she interested in nature?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
41. Does she or did she have a special interest in friendship?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree

42. Does she have a special interest related to food?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
43. Does she have an immature voice?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
44. Does she avoid complying with requests from an adult?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree

SECTION D Sensory profile and medical history	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
45. Does she have intense emotions?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
46. Does she express distress during grooming (e.g. fights or cries during fingernail cutting, haircutting, combing) or when she is touched (e.g. someone touches her feet).	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
47. Is she bothered by bright lights or certain kind of lights (e.g. fluorescent light).	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
48. Is she distressed by certain smells or avoids certain tastes that are typical part of diet?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
49. Does she have poor endurance and tires easily?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
50. Does she seek certain sensations (e.g. jumps, swings, spins, can't sit still, fidgets, masturbates intensively, twist blanket around her body tightly)?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
51. Does she avoid certain sensations (e.g. is distressed when her feet leave the ground, fears heights, dislikes activities where her head is upside down).	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
52. Is she distracted during any task or conversation when there is a lot of noise around?	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
53. Is she attached to certain toys or objects (e.g. favorite toy, pillow, piece of cloth) which she carries, touches, or rubs to calm herself.	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree
54. Is she confused about her sexual orientation.	Definitely disagree	Slightly disagree	Slightly agree	Definitely agree

	YES	NO
55. Has she ever presented symptoms typical for <b><u>depression</u></b> (e.g. feeling sad, hopeless, trouble sleeping, changes in appetite – either loss or gain in weight, suicidal thoughts and attempts etc.)?	YES	NO
56. Has she ever presented symptoms typical for <b><u>anxiety</u></b> (e.g. dizziness, feeling lightheaded, frequent urination, feeling cold or blushing, body aches etc.)?	YES	NO
57. Has she ever presented symptoms typical for <b><u>panic attacks</u></b> (e.g. sense of terror, or impending doom or death, feeling dizzy, sweaty or having chills, chest pains, breathing difficulties etc.)?	YES	NO
58. Has she ever presented symptoms typical for <b><u>eating disorder</u></b> (like anorexia or bulimia, e.g. an intense fear of gaining weight, excessive exercise and dieting, preoccupation with food and calories, provoking vomiting, different substance abuse etc.)?	YES	NO

**Scoring:** At the time of writing, there are no cut-offs or norms for this questionnaire. Each of the 54 items has been associated with the female presentation of autism in individuals with normal IQ and expressive and receptive language abilities. The clinician is advised to explore further the items endorsed by the parent or carer ‘definitely agree.’ No items are reversed. It is hypothesised that an increased number of items highly endorsed across each Section of the Questionnaire would be associated with a female presentation of autism.